Monarch Magic on Cavalier Drive

By Robin Loube

As you may have heard, milkweed is the essential and sole food of monarch butterfly caterpillars. And where there are black, white, and yellow striped monarch caterpillars, gorgeous orange and black butterflies may appear. But there are some critical—I call them magical—steps in between.

We grow lots of milkweed in our garden (it's easy to grow, by the way) and I had a delightful time last summer and fall observing (and sometimes, just trying to observe)

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Plenty more photos online

the stages of the monarch's incredible life process. I'd like to share what I saw with you. Perhaps you'll grow milkweed, too!

I only noticed one or two



Two monarch butterfly caterpillars eating milkweed.

monarch butterflies in our garden earlier last summer, but at least one of them must have laid her eggs on our milkweed plants because, lo and behold, in mid-August I counted at least 12 caterpillars that had hatched from the eggs and were munching away on milkweed leaves. The caterpillars chow down! They just about defoliated all the swamp milkweed plants in our garden.

(CONTINUED ON PAGE 4)

Next Meeting on Wed., 7 February

The next meeting of the Northwood-Four Corners Civic Association will be held on Wednesday, 7 February 2024, at 7:30 p.m. The meeting will be held in person at Forest Knolls Elementary School as well as virtually (see access codes online).

Our speaker will be Marlene Smith of the Xerces Society, a nonprofit environmental group focusing on the conservation of butterflies, moths, bees and other pollinators. Smith will educate us on the wonders of monarchs, their life cycle and migrations, and the perils they face as a species (see article at left).

All residents of the Northwood-Four Corners-Forest Knolls area are invited to attend and express their views. Please note that only paid members of the NFCCA (see page 3) are eligible to vote.

FEBRUARY							
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WWW.NFCCA.ORG

PRESIDENT'S MESSAGE

Happy New Year!

We tried something new in December; instead of a business meeting, NFCCA hosted a Winter Wonderland Holiday Social. In addition to fun and games for the kids to enjoy, there was a collection box for food donations to Manna Food Center—wow, you all came through!

While I'm on the topic of holidays, the February General meeting will shift to the first Wednesday, 7 February, instead of Valentine's Day. Marlene Smith, from the Xerces Society for Invertebrate Conservation, will present material both on monarch butterflies and on supporting pollinators and biodiversity in general. Educational materials from her organization—as well as Wild Ones, a group that promotes native plantings, etc.—will also be made available.

So far for the 2023–2024 cycle, NFCCA has collected dues from 172 households, which is only 10% of the neighborhood. Last year we hit an all-time membership high of 276 households. To hit that goal again, please do your part. Use the QR code on page 2 (one year's dues only), or go to *nfcca.org* to pay your dues via Paypal (you can pay for multiple years at once this way), or bring a check to an NFCCA meeting or event, or mail/drop off a check to NFCCA Treasurer Sondra Katz at 10905 Lombardy Road.

Membership dues mainly pay for the newsletter you are reading. Other expenses include the cost of events NFCCA hosts for the neighborhood and subscriptions for the Montgomery County Civic Federation, our listsery, and Zoom.

There are two upcoming neighborhood events. A fundraiser, the Second Annual Chili Cook Off, will start at 3:00 p.m. on **Sunday, 3 March**, at Forest Knolls Elementary School. Last year this event collected over \$550 for NFCCA. A team is also planning another vine-cutting cleanup on **Saturday, 9 March**, at 1:00 p.m. along the creek on Lockridge Drive. Last year, 48 volunteers worked together to cut windows in nonnative, invasive vines from approximately 60 trees, and picked up a lot of trash as well. We hope a group of neighbors can participate again this year; it takes persistence to keep the weedy overgrowth in check. For further details on these events, check *nfcca.org* or upcoming posts on the NFCCA listserv (see how to sign up at right above).

Who knows how likely another snow storm might be, but I'd like to remind everyone that unshoveled sidewalks are much more than a simple inconvenience. Children need to get to school safely and cleared sidewalks allow us to enjoy our walkable community. Anyone interested in shoveling snow for extra money or just out of the goodness of your heart for elderly or physically challenged neighbors can post a message on the NFCCA listsery.

-Sharon Canavan

Communicate!

NFCCA Listsery

To join:

nfcca+subscribe@groups.io
[add "un" to unsubscribe]
To send messages to group:
nfcca@groups.io

Facebook: www.facebook.com /nfccamoco

NFCCA Deals!

Buy Nothing Forest Knolls/North Four Corners/Woodmoor

https://www.facebook.com/ groups/517319962826076

Compost Crew: 5-gal.@\$22, 12-gal.@\$29, compostcrew.com

Seasonal Roots: Sign up @\$25, seasonalroots.com/nfcca

NORTH FOUR CORNERS NEWS

The North Four Corners News (formerly Northwood News) is published by the Northwood-Four Corners Civic Association. The NFCCA represents the 1,607 households in the area bounded by Colesville Road (Rte. 29), University Blvd. (Rte. 193), Caddington Avenue, and the Northwest Branch.

Any resident of this area is eligible to join the NFCCA. Annual dues are \$15 per household and may be paid online, at any Association meeting, or mailed to the treasurer.

The North Four Corners News is published five times a year—in October, December, February, April, and June. To place an ad or discuss a story, please contact the editor.

Editor

Jacquie Bokow 10603 Cavalier Drive Silver Spring, MD 20901 301.593.8566 editor AT nfcca DOT orq

Visit Our Website www.nfcca.org

Are You a Member This Year?

Belton (7/48, 14%) 109, 200, 201, 303, 307, 308, 428 Caddington (8/83, 9%) 810, 810, 901, 909, 913, 1203, 1302, 1308 Cavalier (9/53, 16%) 302, 303, 10601, 10603, 10607, 10701, 10703, 10707, 10803 Chiswell (9/39, 23%) 1005, 1014, 1019, 1023, 1025, 1104, 1110, 1112, 1118 Colesville (0/22, 0%) Dennis (4/40, 10%) 301, 308, 311, 500 Eastwood (8/54, 14%) 10310, 10417, 10425, 10427, 10617, 10619, 10627, 10831 Edgewood (9/72, 12%) 10213, 10216, 10217, 10306, 10400, 10405, 10514, 10707, 10712 Eisner (2/32, 6%) 412, 505 Foxglove (1/4, 25%) 11108 Glenwild (7/33, 21%) 10600, 10606, 10611, 10613, 10619, 10620, 10713 Hannes (7/104, 6%) 100, 229, 236, 304, 326, 328, 403 Irwin (3/31, 9%)308, 314, 411 Kerwin (2/42, 4%) 410, 502 Kinsman View (6/83, 7%) 3, 5, 39, 45, 107, 135

PAY DUES HERE

Ladson (3/18, 16%) 302, 303, 315 Lockridge (2/31, 6%) 10607, 10706 Lombardy (6/88, 6%) 10900, 10904, 10905, 10911, 11013, 11108 Lorain (1/22, 4%) 10207 Loxford (10/135, 7%) 813, 816, 847, 901, 904, 927, 931, 1014, 1137, 1144 Malta (6/45, 13%) 802, 808, 812, 813, 814, 906 Margate (13/50, 26%) 10608, 10614, 10615, 10701, 10708, 10801, 10808, 10819, 10820, 10822, 10827, 10828, 10831 Marvin (1/18, 5%) 314 Mountain Quail (5/23, 21%) 10407, 10412, 10420, 10422, 10426 Northwood (3/13, 23%) 100, 115, 123 Ordway (3/26, 11%) 10608, 10615, 10703 Pinewood (3/13, 23%) 315, 317, 319 Playford (0/31, 0%) Royalton (1/31, 3%)405 Snowy Owl (6/23, 26%) 100, 107, 113, 122, 125, 127 Southwood (7/21, 33%) 107, 110, 112, 113, 114, 115, Sutherland (6/31, 19%) 10150, 10152, 10158, 10205, 10209, 10213 Thistle (5/22, 22%) 208, 211, 215, 218, 220 Timberwood (3/25, 12%) 310, 315, 317 University (0/52, 0%) Whittington (1/15, 6%)804

Woodridge (5/13, 38%)

111, 115, 119, 124, 130

The Oaks (1/121, 0.8%): 136

TOTAL: 172/1,607, 10% ■

NFCCA BOARD

The Board of Directors for the Northwood-Four Corners Civic Association serves for one year and meets every month except July and August. Current officers (until October 2025) are:

President

Sharon Canavan 10213 Edgewood Avenue 240.281.3911 president AT nfcca DOT org

Vice President

*Jessica Boback 10707 Edgewood Avenue 410.207.5693 veep AT nfcca DOT org

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*Susan Schreiner 10617 Eastwood Avenue 240.429.8191 susan AT nfcca DOT org

Immediate Past President

Mario "Ema" Perez 10608 Margate Road 703.400.9560 ipp AT nfcca DOT org

*Pending approval by member vote at 7 February meeting

Monarch Magic

(CONTINUED FROM PAGE 1)

However, their numbers diminished quickly. Where had all the caterpillars gone? Had they all been eaten by ants, spiders, wasps, birds? That would have been its own contribution to our natural ecosystem. But I was hoping at least a few had hidden themselves nearby to enter their next stage of development-forming a chrysalis, from which an adult monarch would emerge. I saw nothing, and wondered. Had all that serious munching come to naught?

Then, on 20 September, walking the pup, I glanced at our tiny sweetbay magnolia tree, and there, attached to the underside of a large leaf, a caterpillar hung in the shape of a J. The telltale J indicates the caterpillar is on the way to becoming a chrysalis.

Thrilled, I took Barkley around the block, returned to the little tree and stared. I wanted to watch the chrysalis as it formed. But no luck. I returned a few times later that morning. Zip.

We needed groceries, so I headed to the Giant. Upon my return, voila! In the time it took to drive to White Oak, shop, and bring the bananas and eggs home, the J caterpillar had transformed itself into a pendulous green jewel bedecked with a row of tiny gold pearls. A monarch butterfly chrysalis. Wow!

I watched and waited. Online sources say typically the butterfly will emerge (it's officially called "eclosing") in 10 days to two weeks. By 1 October, nothing had changed with that chrysalis, but the milkweed continued to provide entertainment and wonder. Two other chrysalises appeared, attached to wire fences surrounding the garden, and a friend discovered a newly emerged monarch butterfly in a different flower bed. I hadn't even noticed the chrysalis for that one, hidden as it had been under the leaves of a coneflower plant. Wonderful!

Meanwhile, on 14 October, three and a half weeks from the day of its appearance—the cool weather may have delayed its development-the first chrysalis in the little tree turned black, or at least it looked black from a distance. Up close, you could see through a milky white outer laver of the chrysalis, the folded orange and black wings of the butterfly inside. I knew the butterfly itself would appear any day now. Of course, I wanted to watch as it emerged.

OK, I missed that event, too. On the 16th, I headed out to the garden and checked out the black chrysalis, still hanging there. After weeding a little while and chatting with a friend, I picked up my tools and checked out the chrysalis again. There she was! The monarch had emerged while I was weeding. (I say "she" advisedly, because I have learned that male monarchs have a black dot on their hind wings, and she had no such dot.)

Her wings hung limp, her probiscus curled and uncurled. Perhaps I could watch her take her first flight when she was ready?



The chrysalis.

The next morning, there she was, still hanging. Was she dead? No! I returned from an exercise class to find that she had moved from one twig to another in the little magnolia. That was so heartening. A couple of hours later, I looked for her again, but didn't see her. I guessed I had missed her first flight. Then I noticed her nearby on a nodding onion plant. I watched her walking around in the dirt. Would she fly? Should I do something to help?

I put a pot of blooming flowers near her, thinking perhaps she needed to drink nectar from the flowers. Using a large dried leaf and a dry stem, I placed her gently on the flowers. She moved around, but she did not drink nectar. Nor did she fly.

I picked up the pot of flowers topped by Madame Butterfly, put it in the sun, and sat down to watch. Very very soon, touched by the sun, she fluttered her wings. She fluttered and she flew, up and away. I had witnessed her first flight. Did she find enough nectar plants to fuel a long migration? Is she wintering in Mexico? I hope so!

[Loube, a Montgomery County Master Gardener, has lived on Cavalier Drive for 34 years. More pix online.]

Lockridge Creek Cleanup 9 March | Walkway Clean-

Time once again for a neighborhood effort to cut the nonnative, invasive vines (especially English ivy and porcelainberry) on the creek on Lockridge Drive. This event will take place Saturday, 9 March 2024, from 1 to 3 p.m. (rain date on Sunday, 10 March, same time). We'll meet at the bandalong trash trap (Lockridge Drive and Belton Road) at 1 p.m. (orientation first) and work our way to Dennis Avenue.

Wear long pants that cover your ankles, long sleeves, and

sturdy, closed-toed shoes or boots. Dress for the weather; it will be chilly. Wear gloves! Bring loppers and/or hand pruners if you have them; a few tools will also be made available. No power tools or machetes are allowed. Please email susan AT nfcca DOT org so we can get an accurate headcount for the food and drinks afterward. Bring your own reusable water bottle.

Note: We are all volunteers and this activity is at your own risk. See more details online.

Second Annual Chili Cook-Off Fundraiser

NFCCA will hold its second Chili Cook-Off to raise funds. But we need our cooks, aka the "Chili Masters," as much as we need our tasters. The event will be held on Sunday, 3 March 2024, from 3–5 p.m. at Forest Knolls School. We are looking for neighbors who would like to bring their homemade chili to the NFC-CA's Second Chili Cook-Off. Contact *chili AT nfcca DOT org* to sign up to participate as a Chili Master.

Tickets will be sold for those who want to taste and vote! Plenty of more details to come so be on the lookout for upcoming announcements via the listsery, on our website, www.nfcca.org, or Facebook page. We hope to make our Second Chili Cook-Off a fun and delicious time for all.

| Segunda | Competencia de | Cocina de Chili

NFCCA celebrará su segundo Chili Cook-Off para recaudar fondos. Pero necesitamos a nuestros cocineros o "Chili Masters," tanto como también necesitamos a nuestros degustadores. El evento se llevará a cabo el domingo 3 de marzo de 2024, de 3 a 5 p.m. en la escuela Forest Knolls. Estamos buscando vecinos a quienes les gustaría traer su chili casero al segundo concurso de cocina de chili de la NFCCA. Comuníquese con chili AT nfcca DOT org para registrarse y participar como Chili Master.

Hay muchos más detalles por venir, así que esté atento a los próximos anuncios en el listserv y en nuestra página de Facebook (ver página 2). Esperamos que nuestro segundo Chili Cook-Off sea un evento divertido y delicioso para todos.

Walkway Clean-Up 16 December

Seven people (and one dog) cleared the area between Hannes St. and University Blvd., as well as the walkway between Whittington Terrace and the Luther Rice Church parking lot. Thanks to Melissa Ferguson (Hannes St.) who came up with the idea and arranged the clean-up date.







Dance School in the Neighborhood

By Frances Spiegel

Don't be confused by its name. P.O.M. Squad (Positive Outcome Mentoring and Dance), located upstairs at 10126 Colesville Road, is a dance school. Owner and founder Latasha Casey, a former NFL cheerleader with a B.A. in Dance, founded the school ten years ago seeking to provide a positive environment for students to learn dance.

Growing from an after school program at a local elementary school, P.O.M. offers dance classes for toddlers through teens, a performance team, a competition team, as well as full-day and half-day summer camp. Officially, the classes start at age three with

a preschool fusion class called "pombo," a mix of jazz and ballet; however, P.O.M. will take students as young as two years old if they are able to participate.

Casey admits that the dance school's name does sometimes create confusion. This is not a cheerleading organization and, while prepandemic there was a more formal mentoring aspect to the program, currently the main focus of the studio is dance instruction. Positivity continues to be a cornerstone of the school's instructional philosophy. Casey takes highschool-aged dancers to visit college dance programs and positive affirmations are integrated into the classes.



P.O.M. took over the upstairs area on Colesville Road near the Pub in October 2021, after the space was vacated by the ballet school that was there for many years. There are two large dance studios in the suite, as well as a waiting room for parents. P.O.M. offers free trial classes for new students. Reach out to P.O.M. at enroll@thepomsquad.org.

[Spiegel has lived on Margate Road 8½ years and grew up in Four Corners.]

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